

20 ANNUAL 25 REPORT



GRASSROOTS HEALTH

College Athletes Coaching Students to a Healthier Future

OUR MISSION

is to advance health equity in cities by using sports to re-imagine health education in middle schools and engage NCAA athletes as educators and role models for youth.

WE ENVISION

A world where schools everywhere have the support they need to prioritize health and physical education as core subjects for students.

TABLE OF CONTENTS:

- Dear Supporters **3**
- History of Impact & Current Scope **4**
- Our Why **5**
- Theory of Change **6-7**
- 2025 in Pictures **8-9**
- Curricula Overview **10**
- Evaluation **11**
- Staff & Leadership **12-13**
- Relive the 2025 Gala **14-15**
- Financial Updates **16**
- 2025 Strategic Plan **17**
- Thank you, Donors! **18-19**



Jaala James
GRH Alumna '23

"I was convinced to go to one training day, and it totally changed the rest of my college career. I feel very strongly about many issues that plague our country, and I saw how this program actually made a direct impact on one of the most important demographics in our country: our youth. They really make it so easy to volunteer, and I believe it is the perfect opportunity for any college student to connect with their local community and give back in a way that actually is making a difference. I'm so excited to see what kind of impact Grassroots Health continues to make on the world."

DEAR SUPPORTERS,

2025 asked a lot of us.

Writing this letter feels different this year: more reflective, and, in many ways, more urgent. At Grassroots Health, our work has always lived at the intersection of youth, education, and public health. In 2025, those spaces didn't just shift; they were publicly questioned, debated, redefined, and, at times, destabilized. We faced new challenges not only in the funding landscape but also in how public health, education, and young people are discussed, valued, and evaluated socially and culturally across this country.

And yet, Grassroots Health endured.

We are proud of our resilience, and proud to recognize where it comes from. It is the power of our collective community, our youth, student-athletes, staff, partners, schools, donors, and champions, who continue to uplift us, check on us, and stand beside us. In the 2025-26 academic year, we worked with more than **1,700** youth and **83** parents/caregivers, trained **197** athletes, piloted our first-ever teacher professional development training, launched a new evaluation plan in partnership with GW's School of Public Health, and continued laying the foundation needed to withstand the challenges of this moment.

In moments of uncertainty, our model has remained steady: meeting young people where they are; teaching through movement and games; centering relationships between youth and student-athlete role models; integrating community and youth voices in how programs are shaped; trusting that health education is most powerful when it is lived, felt, and shared, not just delivered. As schools and systems searched for

solutions that actually resonate with youth, our kinesthetic, athlete-led approach proved not only relevant but essential.

As we look toward 2026, the work ahead is more important than ever. We are being asked, by our partners, our communities, and, by the moment itself, to think outside the box, to expand access, and to bring our curriculum to more young people in ways that truly reflect how they learn and live. We see an opportunity to support the education field more deeply, to reach youth where they actually are, and to continue proving that prevention, connection, and care belong at the center of any vision for youth wellbeing.

Grassroots Health does not do this work alone. In a year that tested systems and the people working within them, it was our community that reminded us what is possible when we show up together. Thank you for standing with us, for believing in this work, and for helping carry it forward. We are ready for what's next, and grateful to move into this next chapter together.

With deep gratitude,
Jane Wallis
Executive Director

[L to R] Craig Lejeune, Nick Turk, Dr. Tamara Henry, Jane Wallis, Christine Campbell



HISTORY OF IMPACT

2009

Founding athletes (Georgetown)

2010

Howard & GW athletes join in

2013

Major national recognition and full-time staff begin

2015

Randomized Controlled Trial demonstrates effectiveness

2017

AU athletes join the mission

2018

Program expansion: Grassroots Fam, Grassroots Connect, Nutrition, and Mental Health curriculum create a pipeline and holistic approach to health ed.

2020

Virtual programming to maintain programs through Covid Pandemic

2022

Rebrand – from The Grassroot Project to Grassroots Health

2023

Pilot program in Philly shows curriculum is impactful/accepted in a new geographic context

2025

A new evaluation and strategic plan is born – [see p. 17]

756 Total Programs Facilitated

2,486 Total Athletes Trained

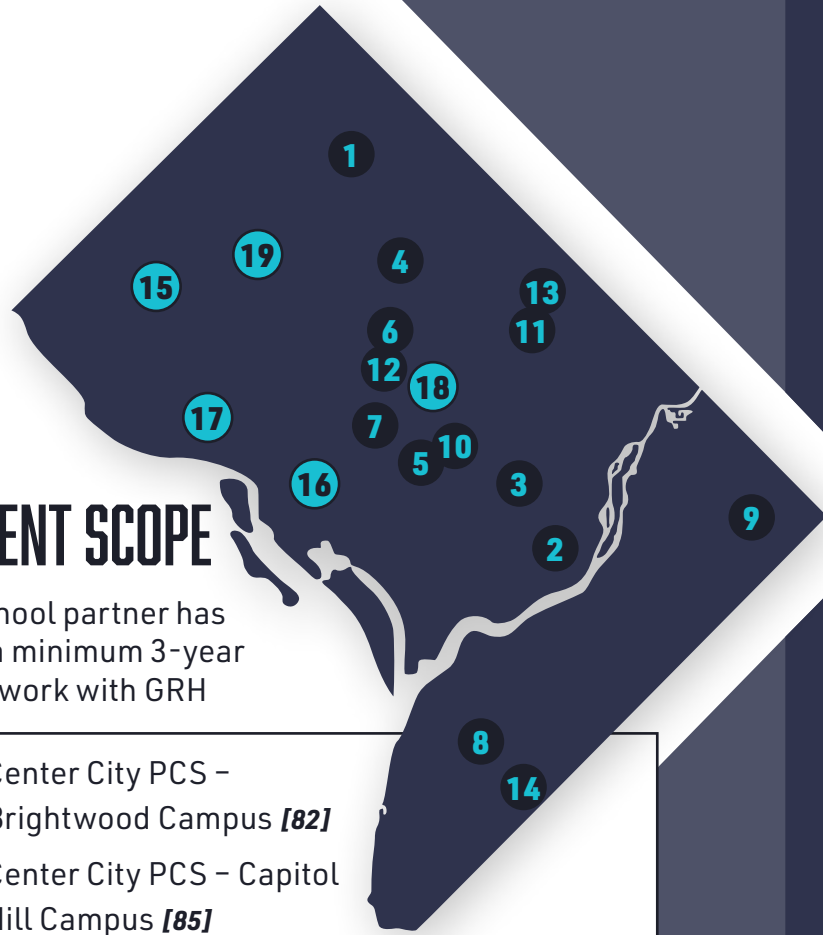
14,202 Total Students Reached

CURRENT SCOPE

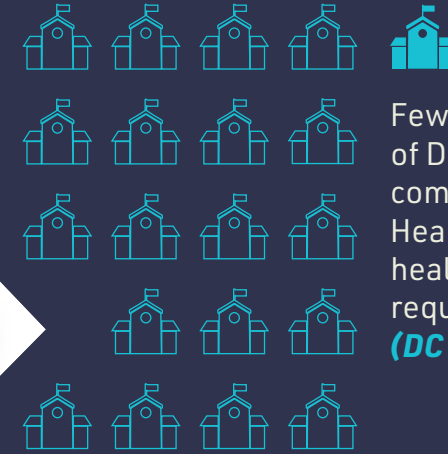
Each school partner has signed a minimum 3-year MOU to work with GRH

- 1 Center City PCS – Brightwood Campus [82]
- 2 Center City PCS – Capitol Hill Campus [85]
- 3 Center City PCS – NoMa Campus [65]
- 4 Center City PCS – Petworth Campus [83]
- 5 Center City PCS – Shaw Campus [76]
- 6 E.L. Haynes PCS [262]
- 7 Inspired Teaching Demonstration School [45]*
- 8 KIPP DC AIM Academy [270]
- 9 KIPP DC Valor Academy [219]
- 10 KIPP DC WILL Academy [151]
- 11 Mary McLeod Bethune Day Academy PCS [56]
- 12 Meridian PCS [152]
- 13 Perry Street Preparatory PCS [109]
- 14 Washington School for Girls [66]
- 15 American University [36]
- 16 George Washington University [124]
- 17 Georgetown University [28]
- 18 Howard University [300]
- 19 University of the District of Columbia [5]

*Pilot Program
[# of students or athletes in School Year 25-26 programs]

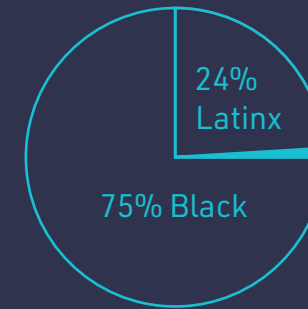


1/3 DC youth (ages 10-17) are considered overweight or obese (USDA SNAP-Ed)



Fewer than **5%** of DC schools fully comply with the Healthy Schools Act's health education requirements (DC Appleseed)

99% of DC teen births involve Black (75%) or Latinx (24%) youth, with over half occurring in Wards 7 and 8 (DC Health, 2023)



Up to **70%** of DC youth don't get enough physical activity (State of Play, 2023)

28%

of DC middle schoolers have seriously considered suicide, rising to 38% of Black and 40% of Latinx students (FPI, 2023)

OUR WHY

We are here because many DC middle schoolers, especially those who belong to BIPOC communities, are navigating urgent health challenges without the tools or support they deserve. In neighborhoods rich in culture but too often excluded from preventive care, we show up with something different: consistent, joyful, and relevant health education that centers students' lived experiences.

We meet students and their families where they are and help grow the protective experiences they need to thrive; equipping them not just with facts, but with agency, connection, and hope. Our work responds directly to what both the data and our communities tell us.

Shrilinda Bullock WSG Parent (2018-2019)

"As the parents sat in the session to learn what our students were learning, we were connecting as adults... Grassroots gave us a lot of information and 'how to.' So I would take that information and take it to my family. Because again, people don't talk about sex. They don't talk about mental health. It's like a taboo. But having that information and sharing it, it gave them tools as well as myself.

We need students and families to be able to have that base knowledge to empower them to make informed decisions. Without Grassroots Health, they may not get it. And the parent portion is magnificent because it's so important for them to get some information that can help their children be great."

THEORY OF CHANGE

SITUATION

Access to health services and knowledge about them are key drivers of strong community health. **Yet in DC, fewer than 5% of public and charter schools meet the city's health education requirements.**

Without education, youth and families lack awareness of available resources and their importance—contributing to rising challenges in nutrition, sexual health, and mental health.

INPUTS

- College Athletes (trained volunteer health educators)
- DC Public and Public Charter School Partners
- Grassroots Health Curricula & Program Materials: impact-tested, games based (nutrition, sexual, & mental health)
- Grassroots Health Staff, Board, Advisory Groups

OUTPUTS

PARTICIPANTS

- # of middle school youth
- # of partner schools
- # of complete sessions of nutritional, sexual, and mental health programming
- # of parents receiving Grassroots Fam programming
- # of students attending Grassroots Connect events

ACTIVITIES

- Attendance & data collection
- Schools sign agreements (MOUs) with Grassroots Health
- Fidelity & engagement reports recorded in Salesforce
- Athlete training & development
 - School stakeholder initiatives

I'm just happy that you guys are doing what you're doing and you're trying to reach underserved populations and doing it in creative and effective ways... Those kids are gonna remember this 10, 20, 30 years down the line."

Coach Thomas
E.L. Haynes PCS PE Teacher

"This [gym] is a very big space, so when we have four or five volunteers in breakout groups, it helps so much. That's a model that education has been really pressed to use for a long time, compared to me trying to do a half lesson on this board while everyone is literally just waiting for free time. And then some people don't feel comfortable talking to me... so those breakout groups help tremendously. I'm impressed by the content, how they make games that are active and keep them moving, and how the kids retain this information."

SHORT TERM (Psychosocial)

- Improved Nutritional Health Outcomes (from pre to post survey)
- Nutrition Health Literacy
 - Nutrition Values
 - Nutrition Expectancies
 - Self Efficacy

- Improved Sexual Health Outcomes (from pre to post survey)
- Sexual Health Literacy
 - Self Efficacy
 - Attitudes/Beliefs
 - Communication

- Improved Mental Health Outcomes (from pre to post survey)
- Mental Wellbeing
 - Outcome expectations for talking about personal mental health
 - Outcome values for talking about personal mental health
 - Self-Efficacy to understand and impact personal mental health

LONG TERM (Behavior)

- Nutrition Behavior Changes
- Eat balanced meals with a variety of nutrients
 - Positive relationship with nutrition & overall wellness
 - Increase in whole foods consumption
 - Increase in water consumption

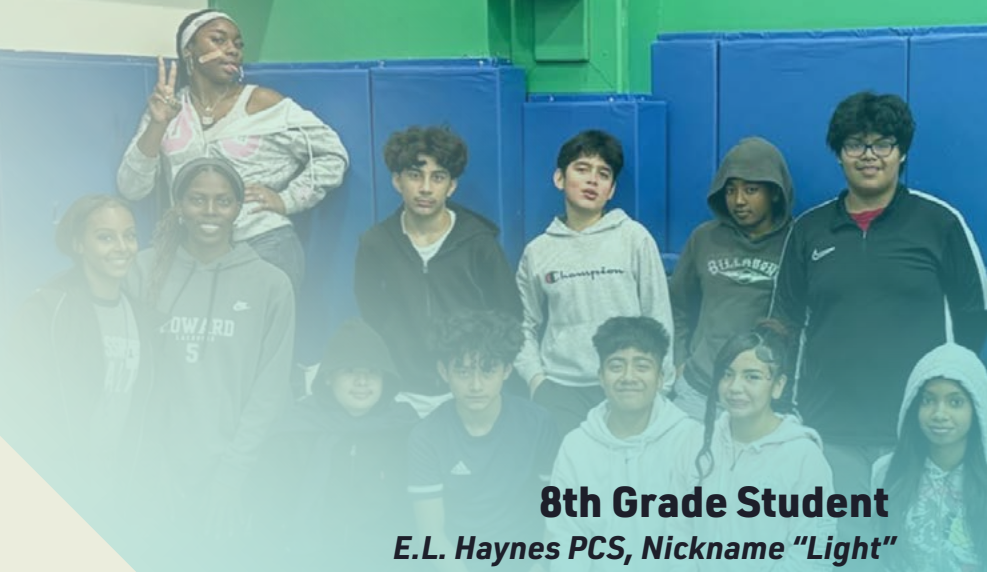
- Mental Health Behavior Changes
- Utilize mental health services when necessary
 - Increase practice of personal mental health promotion at home (stress management, mindfulness, emotional regulation)

- Sexual Health Behavior Changes
- Delayed sexual debut
 - Choose to have sex utilizing: contraception, condoms, testing
 - Increased consent
 - Decreased abusive sexual behaviors

OUTCOMES

IMPACT

Advancing health equity in communities by giving young people the knowledge and resources to make healthy decisions and choices for themselves.



8th Grade Student

E.L. Haynes PCS, Nickname "Light"

"Grassroots helps me prepare for high school by recognizing emotions... I've talked about Grassroots with my aunt and my grandma, so I feel like I'm able to express my feelings and notice them and, like, talk about things that I'm going through puberty-wise. I'm able to talk to them about that now, but before I'd be too scared."



"My favorite thing about Grassroots are the coaches and how kind they are."



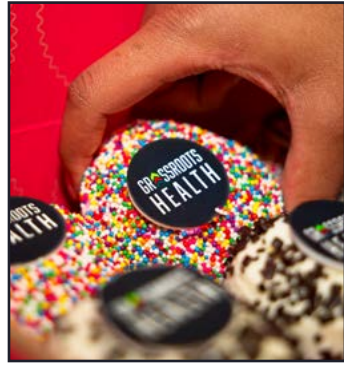
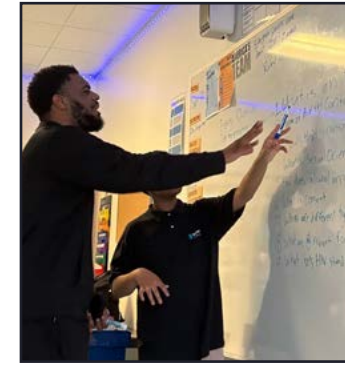
"My favorite thing about Grassroots this year was when we got to play fun games and talk about the important things to stay in shape and stay healthy."



"My favorite thing about Grassroots is that I am able to ask questions without being embarrassed or nervous about things about sexual health."



Ameer Bashir
GRH Athlete-Volunteer
"My experience with Grassroots Health has really broadened my horizons on how much we can help this next generation, and how little the internet gets right. Some of these kids have a lot of energy, and they ask some really crazy questions, but it makes it even more fun. So for us to be able to go into these schools and teach them nutrition, their mental health, and sexual health - it really allows them to learn, grow, and understand what they need to know in the future as they start to navigate high school and college so that they're as safe as they can be."



"My favorite thing about Grassroots this year is the fun games we play... when we have a bad day they cheer us up with fun activities."



CURRICULA OVERVIEW

Our health curriculum, delivered in a sequenced set of sessions outlined below, covers a comprehensive range of topics, each gamified to bring our kinesthetic, sports-based model to life. Developed, adapted, and rigorously tested over 15+ years with input from external reviewers, it reflects a deeply validated approach to engaging youth in meaningful health education.

6TH GRADE

- 1 Intro to Nutrition & Physical Health** Tag style-game
- 2 Intro to Major Nutrient Groups** Capture the Flag & Review of Food Labels
- 3 Balanced Diet & Major Nutrient Groups** Relay Race: hurdles, speed ladders
- 4 Vitamins & Minerals** Team-Building Balance Activity
- 5 Sugar, Fat & Salt** Team-Bowling Game
- 6 Healthy Breakfast** 3-Team Soccer
- 7 Navigating Corner Stores** Life-Size "Hungry Hippos" & Food Labels Review
- 8 Puberty, Influences & Advertising** Sharks & Minnows
- 9 Understanding Barriers & Challenges** Dodgeball & Running Relay Race

Click on each Nutritional Health practice to view them in action!

NUTRITION

7TH GRADE

- 1 Making Your Own Choices** 4-Corners: running activity
- 2 Hormones & Introduction to SH Terms** 4-Way Dodgeball
- 3 Juggling Decisions Around Sex & Vulnerability** Throw/Catch Team Activity
- 4 Sex Education Basics** Team Relay Race
- 5 Navigating SH Challenges** Cat & Mouse: extreme tag
- 6 HIV Basics & Risk Reduction** Running & Throwing/Blocking Game
- 7 Transmission of STIs/HIV** Handshake Activity & Team-Building Activity
- 8 Unplanned Pregnancy Prevention** Prevention Soccer
- 9 Influences & Peer Pressure** Tug-of-War
- 10 Consent & Communication** Three-Legged Race

SEXUAL HEALTH

8TH GRADE

- 1 Stress Identification (acute vs. chronic)** Football Drills
- 2 Coping Mechanisms** 4-Way Capture the Flag
- 3 Emotional Regulation** Jump Rope & Spike-Ball
- 4 Mental Health Stigma & Privilege** Flag Football
- 5 Gender & Sexuality** Relay Race
- 6 Interpersonal Skills & Healthy Relationships** Volleyball
- 7 Assertive Communication & Boundary Setting** ½ Court Basketball
- 8 Problem Solving & Conflict Resolution** Skill-Building Circuit: various sports
- 9 Journaling & Mental Health in "Real Life"** Journaling & Dodgeball

MENTAL HEALTH

EVALUATION

GRH aligns with academic standards of evidence, which prioritize large sample sizes, validated survey instruments, and experimental research designs as the gold standard. We value this approach for its rigor, consistency, and transparency in measuring program impact.



We also recognize that science is not immune to bias and can reproduce institutionalized and unequal power structures.

Centering student voices and inclusivity, we incorporate diverse perspectives on what program impact means.

Our work is strongest when multiple interests, resources, and perspectives come together around a shared mission.

OUR ACTION:

1 ETR data analysis (2021–2024) found statistically significant positive youth outcomes across all curricula.

2 Built a plan for a formal quasi-experimental study and broader dissemination.

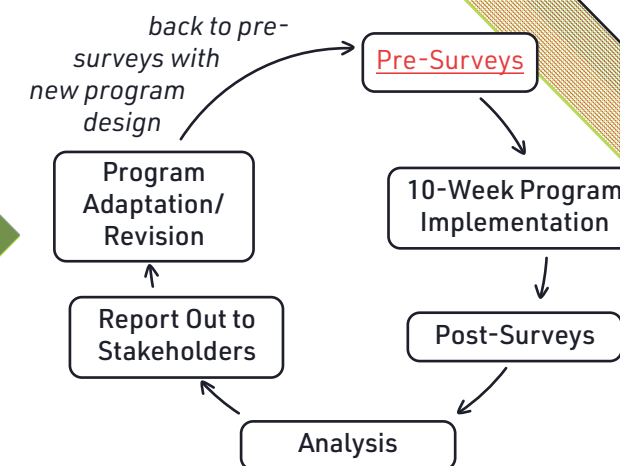
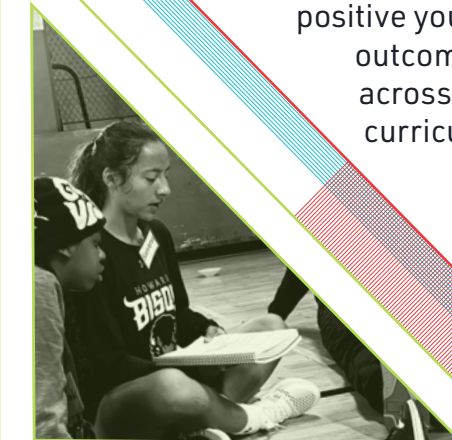
3 Partnering with GW Milken School of Public Health (2025–2026) to implement quasi-experimental study and publish findings demonstrating impact.



Dr. Tamara Henry
Vice Chair, Board of Directors

"As a trained health educator and public health professor, I am honored to serve as Vice Chair of Grassroots Health. The organization provides an essential service to youth across the District in a way that is both engaging and deeply relevant. A substantial body of evidence demonstrates the powerful connection between students' health and their educational aspirations and outcomes. To me, Grassroots Health serves as a connector of possibilities for our youth. Beyond health education, students are able to see themselves reflected in our peer leaders and are empowered to pursue passions and pathways they may never have imagined without encountering Grassroots on their campus. Who wouldn't support that type of impact?"

OUR APPROACH



FULL-TIME

Maria Ortiz
Development Manager



Jane Wallis
Executive Director



Darien Thomas
Program Manager



Madison Steskal
Communications
Coordinator



Megan Patrick
Sr. Operations
Coordinator



Cara Geschu
Evaluation Manager



Asia Horne
Sr. Program
Coordinator



GRH Alumna '22

STAFF & LEADERSHIP

"As a student athlete at George Washington, I volunteered with Grassroots Health, and it became one of the most meaningful parts of my college experience. Now, I'm incredibly proud to serve the organization as a staff member. I genuinely believe this culture and environment, full of passionate and talented staff and volunteers, is exactly where I'm meant to be. I feel fortunate every day to do meaningful work with an organization that truly embodies community values, and Grassroots Health will always feel like home."

BOARD OF DIRECTORS

Retiring members

Nick Turk



Dr. Tamara Henry



Members leaving a legacy behind

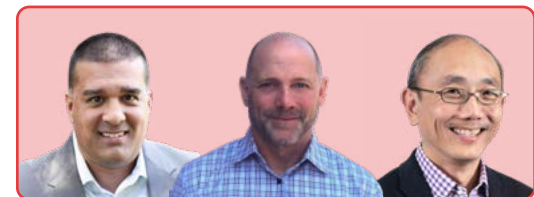
Christine Campbell



Deidra Suber



Craig Lejeune



Robert Koller

Murray Penner

William Wen



Shane Hebel

Alayah Hightower

Jared Rifis

Ian Wheeler

New Members

SITE COORDINATORS

Nydia Arnold



Imani Bishop



Leah Croom



Elizabeth Cruz



Camryn Curtis



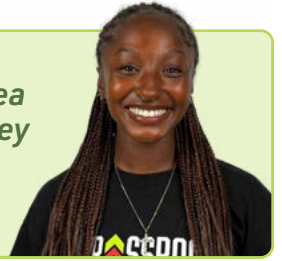
Taylor Destin



Daniel Dunac



Melea Earley



Mahder Johnson



Jay Jones II



Gabby Kaczorowski



Kat Lord-Krause



Paige Mott



Gabrielle Nelson



Sarah Patton



Dara Reyblat



Keynan Richardson-Cook



Ty Triche



Chris Williams



Site Coordinators are experienced athlete volunteers who help coordinate programming alongside fellow volunteers, teachers, and Grassroots Health staff. This role deepens leadership development opportunities for our athletes and expands our capacity to serve more schools and youth.

RELIVE THE 2025 GALA

In April of 2025, we gathered to celebrate our Founder and lifelong supporter, Tyler Spencer, and to honor a rising community legend, NFL player Ian Wheeler, at our fourth Grassroots Health Gala. Joined by 300+ supporters, friends, family members, and partners, we danced the night away with our host, Nicole Banister, at the [Culture House](#) in Washington, DC. Events of this scale are no small undertaking for our small but mighty team, but the Gala is truly a labor of love. Beyond fundraising, its power lies in bringing our community together, showing up with joy, connection, and purpose to rally and resist the changes in our country that impact health education, young people, immigrant communities, etc., while affirming our shared commitment to equity and justice. We teach our students that praise, joy, celebration, and fun build more than hate, bullying, or apathy ever could, and we're proud to bring that same joy from our classrooms to the event stage. We look forward to celebrating with even more of you in the years ahead.

NICOLE BANISTER

IAN WHEELER

TYLER SPENCER



Alayah Hightower
GRH Alumna '23 & Board Member



"Grassroots Health is so much more than a volunteering opportunity. It has created a true community across universities, bringing together student-athletes who share like-minded ambitions and goals. Through GRH, I've met people I never would have otherwise—individuals from different backgrounds, different parts of the country, and different walks of life. Since 2018, Grassroots has given me a community that I truly have not been able to let go of, and I am deeply grateful for that."

Being able to honor Tyler Spencer at the most recent gala meant so much to me. It was a powerful reflection of the community he has built, and honestly, brought tears to my eyes.

Now, as a board member, Grassroots Health means even more to me. Through this role, I want to give back to and support an organization that has given me so much over the years."

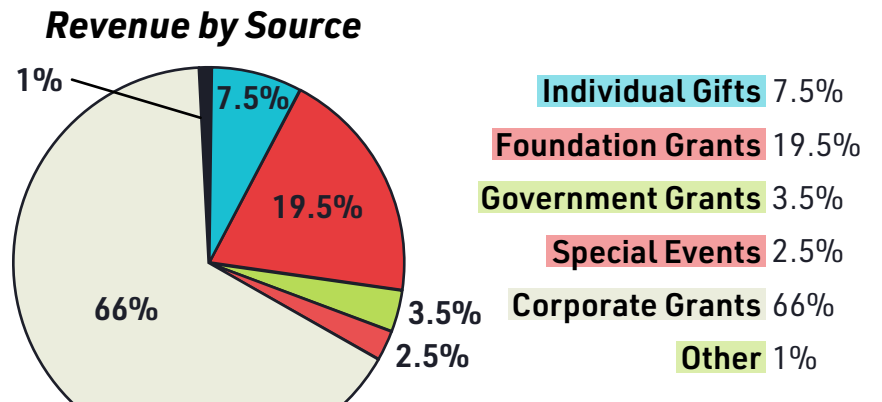
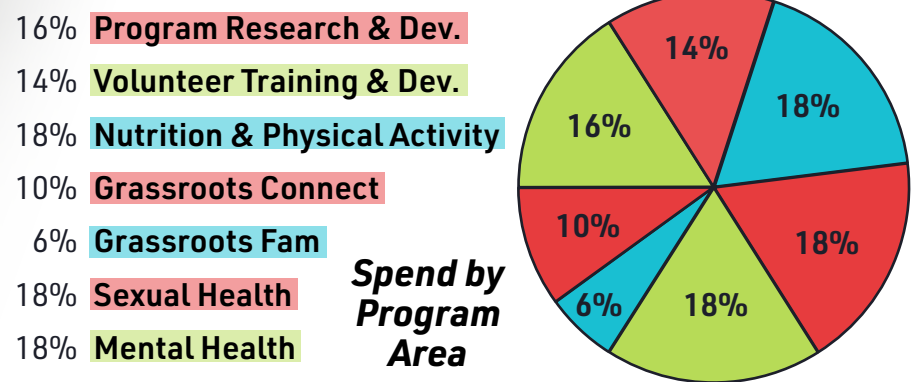


FINANCES

In 2025, Grassroots Health operated within an increasingly uncertain political and economic environment, especially as fluctuations in government funding created new challenges for community-based organizations. Through intentional planning and a diversified revenue base that includes individual donors, foundations, and corporate partners, we remained focused on delivering high-quality programming and deepening our impact.

Support from our long-standing donor community was critical throughout the year, particularly as we navigated the loss of government funding. Individual contributors and corporate and foundation partners helped power our programmatic impact, while also reinforcing our organizational infrastructure through collaboration and mentorship.

We are proud to invest approximately 80% of our annual budget directly in programming. Our three flagship curricula continued to serve as the foundation of this work, complemented by ongoing commitments to parent engagement, volunteer development, program evaluation, and strong community partnerships. Together, these investments ensured that Grassroots Health remained responsive, resilient, and grounded in community needs.



	FY24	FY25
REVENUE		
Contributions & Grants	\$695,644	\$1,016,097
Program Service Revenue	\$0	\$0
Investment Income	\$0	\$0
Other Revenue	\$5,903	\$7,563
Total Revenue	\$701,547	\$1,023,660
EXPENSES		
Grants & Similar		
Accounts Paid	\$0	\$0
Benefits Paid to or for Members	\$0	\$0
Salaries, Other Compensation, Employee Benefits	\$562,345	\$606,423
Professional Fundraising Fees Total	\$0	\$0
Other Expenses	\$224,410	\$247,064
Total Expenses	\$786,755	\$853,487
Revenue Less Expenses	-\$ (85,208)	\$170,173
Total Assets	\$438,736	\$615,292
Total Liabilities	\$17,242	\$23,625
Net Assets or Fund Balances	\$421,494	\$591,667

STRATEGIC PLAN

In June 2025, Grassroots Health convened leadership, staff, and key stakeholders to develop a shared vision and priorities for the next five years. This Strategic Plan reflects a deep analysis of GRH's internal strengths, evolving opportunities, and ambitious goals to expand impact, enhance sustainability, and solidify its role as a national leader in youth-centered health equity. The plan consists of six strategic focus areas:

Expanding GRH's Reach

- Prioritize DC school penetration
- Create replicable GRH Model Kit
- Build equitable expansion capacity
- Build base of quality impact data

Communications & Visibility

- Position GRH as thought leader
- Strengthen stakeholder-aligned comms strategy
- Amplify youth-driven storytelling for outreach
- Implement analytics tracking systems

Strengthening Evaluation & Evidence

- Develop quasi-experimental models
- Partner w/ GW & ETR for longitudinal impact analysis
- Leverage data for growth
- Socialize model through infographics

Strategic Influence & Reputation

- Strengthen brand as health equity leader
- Deepen institutional partnerships
- Develop community-facing initiatives
- Increase exposure to promote mission & vision

Financial Sustainability

- Launch multi-year diversified fundraising strategy
- Explore earned revenue streams
- Leverage ambassadors and partnerships
- Strengthen long-term donor base

Operational Infrastructure

- Strengthen internal systems
- Align systems with scale/accountability
- Update systems for compliance
- Codify equitable practices
- Identify evolving infrastructure needs

From 2025–2030, GRH's goals and objectives will align with strategic priorities to drive growth, impact, and sustainability. We will expand our reach to serve 2,500 DC middle school students annually, pilot the Grassroots Model Kit, and prepare for national expansion. A rigorous evaluation framework will measure outcomes, guide improvements, and attract partners. Our fundraising strategy will build a \$1M reserve and expand donor, corporate, and community support. We will elevate our voice through media, publications, and partnerships, while deepening strategic influence with schools, policymakers, and communities. Investments in infrastructure, systems, and technology will support long-term, citywide impact.

Christine Campbell Board Member '18-'25

"One of the most beautiful things to me about this organization is not only the work that we do in the schools and the growth that is seen there, but is that relationship between the college athletes and these young people? It's absolutely beautiful. And because we're in there for a while, these young people get to see a different way of being... So not only are they getting those foundations around health, but they're also getting the vision of a different way of being. That's what's the beauty of Grassroots. We don't just come in and tell them what to do. We say, how do you absorb into your community and think differently and bigger and better within your community?"



\$100,000+

Bender Foundation
Gilead Sciences

\$50,000 - \$99,999

Kaiser Permanente
Reva and David Logan
Foundation
ViiV Healthcare

\$10,000 - \$49,999

Amy Peck Abraham
Clark-Winchcole
Foundation
DBH CAP Grant
DPR Rec for ALL SEE Grant
Herb Block Foundation
John Edward Fowler
Foundation
Mirnahill Foundation
Risa Fund

\$5,000 - \$9,999

Allegretti Foundation
Arts in Action
CareFirst
Chicago Bears
Christine Campbell
Deidra Suber*
Dr. Scholl Foundation
Fallon Farmer*
Fight for Children
Ian Wheeler
Impact100 DC
Jason Belinkie
Jeff Atwood
Lawrence & Carolyn Carlin
Melanie Galloway Morgan
Murray Penner
NFL
Robert Koller
Rosendin Foundation
Samuel & Patsy Paine
Foundation

\$1,000 - \$4,999

Brooke Bean
Capitol Hill Community
Foundation
Cleve Turk

Craig Lejeune*

Emily Theado
Heidi Blesy
Jabari Bruton-Barrett
Jaime Ortiz
James Farrell
Kristi Abbate
Larry Penner
Linda Abbey
Lindsay DiSalvo

Lucia Rose*

Luke McCloud
Maria Ortiz
Martha Coven
Mattia Melillo

Michael Bourie*

Monica McNutt
Nick Turk
Pamela Patrick
Paul Keith

Richard Livingstone*

Ryan Morgan
Samantha Muratori*
Stash Graham
Stephen Whisnant
Sue Bailey

Susan Crawford

Tamara Henry*

Tyler Ranalli*

Wawa Foundation
Wendy Gray

\$500 - \$999

Abby Carlin
Alayah Hightower*
Amy Curtis
Annie Worden
Annika Bannon
Chase Maxwell
Clare Roche
Daniel Ortiz Munoz*
Dirk Smith
Faith Blethen
GW BSAA
Hannah Koban
Hannah LeJeune
Helen Feldmeth*
Jared Rifis*
Jennifer Djavaherian
John Geager
John Kelly
John Abromavage
Kathryn Patrick

Kevin Silk*

Kim Vinick
Kim Allegretti
Kristina Swatek
Mary Beth Heisner
Michelle Hess
Naomi Maxwell
Patrick Nero
Stephanie Marozzi
Taylor Moose
Victoria Stulgis
Yoni Berhanu

\$250 - \$499

Alex Lane
Amanda Miller
Andrea Hernandez
Art Swift

Aubrey Benzing-Plourde*

Barb Skewes*

Beverly Cosslett*

Bridget Roddy
Bryan and Sylvia Nelson
Chandra Bunton
Courtney Dalton
Dylan Wolfe

Ebony McKeever

Edward Kelly

Ellen Conway

Erin Boudreau

Evalyse Limon

Greg Kubiak

Gregory Germain

Gretel Truong

Isabel Rose*

Jacob Oppler

James Kallusky

James Costello

Jim Stunkle

Joseph Mendrala*

Juliana Saling

Lara Negron Ocasio

Mackenzie Jones*

Margaret Kelly

Matt Mullman*

Mel Greene

Mervyn Wallis

Michael Kharfen

Molly Abromavage

Mosi Tomlinson

Spencer Walters

Stephen Honan

Taylor Molnar
Todd Youngdahl
Tom Skomba

\$100 - \$249

Aaron Williams
Adam Barton
Adria Crawford
Alexandria Neal
Amy & Jeff Mitchell

Andrej Steskal

Andrew Federer

Aquilla McGuire-Mays

Bella DeShayes

Beth Ellinport*

Brian Blethen

Brian Hudak

Bridget Hillin

Brooke Stapleton

Caleb Bartes

Carl Chapman

Cathy & Tom Heisner

Chipotle

Christina Johnson*

Christion Carter

Claire Wood

Daniel Donovan

Darieal Wimbley

David Lincoln

Dionne Bailey

Drew Carneal

Duke of NYC

Eric Heisner*

Eric Anderson

Fenn Suter*

Francisco Solorzano

Gauri Raval

Haley Mahon

Jack McCabe

Jackie Meier

Jane Wallis

Jenlain Scott

Jess Hagler*

Jill & Tony Muratori

Jimmy

Kolker

Joell Royal

Joshua Stevens
Kara Dowd
Karen McDonnell

Kate Hixon*

Kayley Sullivan

Kourtney Maher

Kristen Kelly

Kyla Ridley

Lara Adekunle*

Lesley Blethen

Liam White

Ligia Bezerra

Louise Coyle

Louise Bailey

Luke Farrell

Madelyn OBrien

Madison Doring

Madison Joines

Mark Chaikowski

Matt Gowel

Matthew Bisson

Mayowa Taiwo

Megan Patrick*

Melissa Frohna

Mercedes Dunn

Michael Kampen

Molly Branson

Monique Williams

Myles Thompson

Natasha Kazeem

Neal Patrick

Niah Woods*

Octavio Delasobera

Paulette Cocco

Peggy Fleming

Peter Downey

Rachel Schroeder

Richard Scott

Robby Wacker

Rohan Nimmagadda

Ryan Bouseman

Ryan Pettengill*

Sam Mulroy

Samuel Namian*

Sarah Yoest

Seamus Roddy

Simonne Legette

Sonia Munoz*

Susan Safer

Talia Coryat

Tanya Vogel

The Morrison & Foerster Foundation

Tyler Spencer

\$50 - \$99

Akandu Nwosu
Alexa Prepetit
Alexandra Maple
Amy Fan

Ana Avalos

Andrea Fievre

Anika Boddie

Asia Horne*

Avril Silva

Catherine Boudreau

Clifford Khowara

Codie Hammond

Colleen Vivaldi

Cori Chom-Rees

DaShawn Simon

Devin Giles

Edmond Kiregian

Elijah Poole

Elsie Leon-Cruz

Elvis Hedji

Emery Simon

Emma Housman

Genevieve Mumma*

Grace Allread*

Guenevere Burke

Hannah Munnely

Heather Hahn

Hunter Stevens

Hutch Ortiz Heisner

Jamie Maguire

Jane Reffelt

Jason Denaburg

Jeremiah Bellamy

Jon Mabie

Jordan Mahony

Julia Bouchelle

Kathleen Hansen

Katie Swatek

Katie Landes

Kevon Elzey

Kyle Chow

Lauren Gilliss

Lindsay Nathanson*

Lola Owokoniran

Loree Lipstein

Maranda Ward

Maren Durant

Marquia Walker*

***SHOUT-OUT to our
2025 Coaches Circle
members (recurring
monthly donors)**

Meaghan Wells

Melanie Keer
Miles Hall
Na'im McKee

Nadia Mounzih

Natalie Barbaresi

Natanya Williams

Nate Coston

Patty Girkin

Ryan Oakeson

Sanam Aghdaey

Shannon Fawkes

Sidney Cooper

Sophie Hanrahan

Timothy Savoy

Tyree Leonard

Vernon Henry

Victoria McClintock

Yohannes Tsigab

Becca Malizia

Bernardo de Albergaria

Brendan Lee

Camryn Curtis

Chloe Vitoff

Christine Johnson

Daniel Galloway

Danielle Dzbanek

Elizabeth Cruz

Emma Swarouth

Evan Garry

Freddy Hansen

Gabriel Oppler

Harold Phillips

Jack Steskal

James Mason

John Galloway

GRH Alumna '24

"My favorite thing from GRH was being able to see my impact on some of our students... It was beautiful to see how excited the kids were to see me, talk to me about their day, and be so comfortable in asking the questions that I never felt like I could ask my parents, coach, or counselor. I am a proud member of the Coaches Circle because time and time again, students, parents, teachers, and college athletes are all impacted by the work that we do."



INSTITUTIONAL SUPPORTERS:

BENDER
FOUNDATION
INC.

the **Bloedorn**
FOUNDATION

CareFirst 

 DOORDASH

DR. SCHOLL FOUNDATION
Innovation. Practicality. Hard Work. Compassion.

 GILEAD

HERBLOCK
The Herb Block Foundation

FOWLER
FOUNDATION
John Edward Fowler Memorial Foundation


KAISER PERMANENTE®

Qlarant
Foundation

THE
REVA & DAVID LOGAN
FOUNDATION

ISAfund

events
DC

FIGHT FOR
CHILDREN
EST. 1990
HELPING YOUTH THRIVE

MNH COF
FOUNDATION
PHS COMMISSIONED OFFICERS FOUNDATION

viiV
Healthcare

ALLIES & PRO BONO PARTNERS:

Active Schools

BLUSHARK
DIGITAL

 Crowell DC | **HEALTH**

THE **equity lab**

GOOD SPORTS

 Healthy People 2030

Planned Parenthood
Care. No matter what.

Safe Shores
THE DC CHILDREN'S ADVOCACY CENTER

smyal

[solidcore]

Spur Local
formerly Catalogue for Philanthropy

d.c. central kitchen

Hogan
Lovells

The National
Youth Sports
Strategy

our minds
matter


VOLO
KIDS FOUNDATION


WHITMAN-WALKER


Annual Report design & creation by
Madison Steskal  madisonsteskal@gmail.com


We are proud to
print this year's
report with





 <https://grassrootshealth.us/>

 @grassrootshealth.us

 @grassrootshealth.us

 @grassrootshealth.us

 Grassroots Health

 @grassrootshealth_us



Office Address
740 15th Street, NW Suite 322
Washington DC 20005

Mailing Address
1400 L St NW, Lobby 2, PO Box #34122
Washington DC 20043